Integrating Primary Care and Behavioral Health to Achieve Outcomes
# JAMHI 2015 ANNUAL REPORT

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Mission

“We help adults with mental illness live their own best lives.”

Purpose

JAMHI’s purpose is defined by its mission statement. JAMHI is the state-designated Community Behavioral Health Center for Juneau. Grant funding from the State of Alaska, Division of Behavioral Health supports:

- Psychiatric Emergency Services/Crisis Intervention
- Services to Seriously Mentally Ill Adults; Integrated Clinical assessments; Psychiatric evaluations; treatment and referral; case management and rehabilitation services.

General mental health services and a Drop-In Center are funded through a grant from the City / Borough of Juneau.

Primary care services are provided through a grant from the Substance Abuse Services Administration.

JAMHI provides a continuum of housing ranging from Community Living/Group Homes to Supported Living and Independent Housing.

Goals

JAMHI has long supported the following client and family oriented goals:

- Promote a welcoming, empathic and integrated approach to the treatment of individuals with mental illness, co-occurring disorders, traumatic brain injuries dementia and other cognitive impairments, and Fetal Alcohol Spectrum Disorder;
- Provide emergency mental health evaluations as provided by statute;
- Promote the well-being and recovery from mental illness and co-occurring disorders;
- Support stable and safe living in the community for Seriously Mentally Ill and Severely Emotionally Disturbed adults served by JAMHI;
- Encourage the inclusion of family members with decision-making in the care and coordination of the treatment of their significant others and/or family members;
- Demonstrate respect for the rights and dignity of all individuals;
- Incorporate the culture and value system of the individual; and,
- Focus services on individual choice, satisfaction, safety and positive outcomes.
Board of Directors

JAMHI is currently governed by a nine-member board of directors, who promote significant representation of the views of the community, including persons with disabilities and their family members. Board Directors serve three year staggered terms.

Executive Committee

Anthony Sholty
President
(January 2005)

Colleen McKenzie
Vice President
(November 2005)

Anne Murphy
Secretary
(November 1990)

Julie Pierce
Treasurer
(January 2014)

Directors

Gordon Williams
(November 2000)

Laura Rorem
(November 1997)

Phyllis Carlson
(March 2008)

Ann Turner Olson
(November 2007)

Richard Iannolino
(November 2005)

Acronyms/Definitions

ADA - Americans with Disabilities Act
AHFC - Alaska Housing Finance Corporation
DBH - Division of Behavioral Health
FASD - Fetal Alcohol Spectrum Disorder
HUD 811 Project - Federally subsidized housing project for persons with disabilities
JAMHI - Juneau Alliance for Mental Health, Inc.
RSS - Recipient Support Services
RVHAP - Rural Veterans Health Access Project
SEARHC - SouthEast AK Regn'l Health Consortium
SAMHSA—Substance Abuse Ment Hlth Svs Admin
SMI- Seriously Mentally Ill
Letter from the Executive Director

Reflecting on our 30th year of operations, Juneau Alliance for Mental Health, Inc. (JAMHI) is pleased to note that 2015 marked the beginning of a major advancement in providing services to our community; the integration of primary care services into our Community Behavioral Health Center.

Primary Care Services – Primary care services will become available to JAMHI clients at the JAMHI Outpatient Clinic in early 2016. A 4-year grant, Primary Behavioral Health Care Integration, from the Substance Abuse Mental Health Services Administration, will fund the development of primary care services for persons experiencing serious mental illness. This Best Practice model represents significant progress toward providing holistic health and wellness care for persons served.

To date, we have renovated office space to make space for two exam rooms, a medical services room, and an expanded group therapy room. On-site lab testing and EKGs are available. The Alaska Mental Health Trust Authority provided additional funding support to help purchase needed equipment and supplies. A Primary Care Provider has been hired, along with Nurse Care Coordinator, Wellness Coordinator, Medical Assistant, Peer Wellness Coach, and Project Evaluator.

Other 2015 Highlights –

Rural Primary Care Telehealth Integration – Primary care services were added to our telebehavioral health capacity in Tenakee Springs through a contract with Sitka General Hospital under the Rural Veterans Health Access Project (RVHAP). Telebehavioral health services through this project are also available in Elfin Cove and Gustavus as part of this project. JAMHI is pleased to provide telebehavioral health services to residents other Southeast communities as well.

In-SHAPE Study – Another opportunity for JAMHI to support improved health outcomes was our selection by the National Institute of Mental Health (NIMH) and Dartmouth College to participate in the 18-month InSHAPE Study. The study involves establishing a fitness program for interested persons experiencing serious mental illness to improve health indicators and support healthy lifestyles. Obesity, diabetes, smoking, inactivity, and other issues contribute to 25% higher mortality among this population. A Certified Fitness Coach and Peer Mentor will be hired to support clients in achieving their goals with increasing independent use of community fitness resources.

Expansion of Best Practices – Additional staff trained in Eye Movement Desensitization and Reprocessing Therapy (EMDR), a Best Practice in treating trauma. Dialectical Behavioral Therapy (DBT), Prolonged Exposure Therapy (PET), Seeking Safety, Mindfulness Based Cognitive Therapy and Mindfulness Based Stress Reduction, and other Best Practices are also offered.

DOC/Courts Collaboration – Coordinated Resource Project (Mental Health Court) – In FY15, 49 referrals were received to this court, 24 persons opted in with 100% being mentally ill and 85% having co-occurring substance use disorders. There were 6 graduates by the end of FY15. Total number of days incarcerated 6 months prior to opt-in: 188; Total number days incarcerated 6 months after discharge: 5. JAMHI is an active treatment partner with the Court.

Moral Reconciliation Therapy – Three JAMHI clinicians were trained in 2015 to facilitate this Evidence-Based Practice to assist persons with legal involvement to help enhance self-image, promote growth of a positive, productive identity, and facilitate development of higher stages of moral reasoning. JAMHI offered the group to participants in the Coordinated Resource Project (Mental Health Court). Other referrals were from the Office of Children’s Services and others who could benefit from the group. Research demonstrates significantly lower levels of re-arrests and re-incarcerations in comparison to appropriate controls. More recently, a modified version that more specifically focuses on mental illness has become available and will be available at JAMHI in 2016.

Medical-Legal Partnership – JAMHI partnered with Alaska Legal Services (ALS) in this Juneau Hope Endowment Fund financed project. ALS provided legal services to JAMHI clients who were struggling with such issues as Social Security disability claim appeals, housing related legal problems, financial difficulties, and more. Medical-Legal Partnership is a national model.

Crisis Intervention Training (CIT) – In partnership with the Juneau Police Department, JAMHI worked collaboratively to develop
the framework and assign trainers for police officer training in CIT. This training shows officers how best to work with persons experiencing mental illness, substance use disorders, developmental disabilities or other conditions which may require specialized knowledge and skills to prevent unnecessary use of force, arrest, and incarceration. The actual training is slated to occur in 2016.

**Timely Access to Services** - Consistent “Same Day or next-day, walk-in access” to Outpatient Clinic behavioral health clinical assessments. Psychiatric evaluations, services are generally available within 1-10 days. First appointments with mental health clinicians following clinical assessments available within 3-5 days. Emergency walk-ins seen immediately.

**Mental Health First Aid Training** – JAMHI continued to provide community and regional MHFA trainings to a wide range interested groups throughout 2015 including local and state government employees, human services staff, hospital employees, school district and university employees, SEARHC staff, Juneau Police Department, and more.

**Measuring Progress & Outcomes** – In FY15, JAMHI added a nationally recognized and utilized tool, the DLA-20 (Daily Living Activities), to measure functional progress in treatment made by JAMHI clients. It is widely acknowledged that long standing use of the Global Assessment of Functioning (GAF) score is an inconsistently applied method for professionals to measure client functioning. The DLA-20 contains specific measures making it a more reliable and valid tool for identifying individual functioning in key areas and movement toward identified goals. This new tool is in addition to existing reporting measures on efficiency, effectiveness, and satisfaction with services, among others.

**Healthcare Expansion** – JAMHI was awarded a grant from the Alaska Primary Care Association to hire a Healthcare Navigator for assisting local residents with applying for healthcare coverage during the Affordable Care Act Open Enrollment period. He was also able to assist eligible persons with applying for Medicaid coverage.

**Community Partnerships** – As an active partner with Housing First, JAMHI celebrates funding from the Alaska Mental Health Trust, the City/Borough of Juneau, the Juneau Community Foundation and other sources which moved us closer to our goal of constructing this facility, hopefully, in 2016. Other partnerships and events include Juneau Suicide Prevention Coalition, NAMI-Juneau, Juneau Tobacco Cessation Coalition, Disability Abuse Response Team, ASPEN, Juneau Homeless Coalition, Front Street Community Health Center, Rainforest Recovery Center Board, Bartlett Hospital Emergency Services, Disability Law Center, Juneau Courts Success Inside and Out, Homeless Connect, University of Alaska Wellness Fair, CBJ Local Emergency Planning Committee and Preparedness Expo, and many more.

The central challenge for JAMHI in 2015 was the flat funding of state grants and Medicaid reimbursement rates. While the cost of operations continually increases with inflation and personnel costs, JAMHI seeks alternate sources of revenue and focuses on continual quality improvements to achieve the best possible outcomes in the most cost-effective manner. The uncertainty of a future state service delivery model, the impact of Medicaid Expansion, and a large state budget deficit at present, support the continuation these JAMHI goals.
JAMHI SERVICES

The Juneau Alliance for Mental Health, Inc., is dedicated to providing the highest quality of care using Best Practices designed to promote health, wellness, self-determination, and recovery. JAMHI is a non-profit, comprehensive, co-occurring disorder-capable, Community Behavioral Health Center. In 2016 we will begin offering Primary Care services to JAMHI clients. We serve the Juneau area including Gustavus, Elfin Cove, Tenakee Springs other outlying communities in Southeast Alaska. JAMHI is committed to a person-centered philosophy of welcoming, accessible, integrated, continuous and comprehensive psychiatric rehabilitation. Our target population is adults with serious and chronic mental illness, and those with a range of co-occurring disorders including chronic alcoholism with psychosis and other substance use disorders, developmental disabilities (including Fetal Alcohol Spectrum Disorder), Traumatic Brain Injury (TBI), Alzheimer’s Disease and Related Disorders (ADRD). JAMHI provides primary care services through a holistic approach to health and wellness. We also serve those whose problems may not be as severe, but which interfere with their daily lives.

Psychiatric Emergency Services

JAMHI provides 24/7 on-call response with immediate screening and crisis intervention for adults experiencing mental health emergencies. In FY15 we responded to 288 phone contacts and 444 emergency evaluations for a total of 732 contacts. These services are short-term, intensive psychiatric services provided to individuals during an acute mental health crisis episode. They include clinical assessment to determine the need for psychiatric hospitalization and coordination of services for support and referral. JAMHI staff work very closely with Bartlett Regional Hospital (BRH) Emergency Department staff and Mental Health Unit staff to facilitate the most appropriate level of care for persons presenting with a mental health emergency. The BRH Mental Health Unit is a state Designated Evaluation and Treatment facility. The number of hospitalizations associated with mental health emergencies in FY15 continued to evidence a downward trend from previous years. Strong community supports, care coordination, and referral services help mitigate the need for hospitalization.

Drop-In Center

The Drop-In Center, funded through a grant from the City & Borough of Juneau, is located at the Lodge and is open from Noon to 1:30 pm, five days a week. The Center provides a daily lunch to JAMHI clients and others who may be interested in becoming a client. Interpersonal communication skills, socialization, and good nutrition are encouraged and supported. Participants have access to exercise equipment, computer, and art supplies. The Drop-In Center is located on the bus line for easy access from downtown Juneau, Douglas, and the Mendenhall Valley.
Outpatient Integrated Behavioral Health Services

JAMHI provided Outpatient Mental Health services to 519 adult members of the community in 2015. That number is expected to grow in 2016 with the expansion of Medicaid and the Affordable Care Act. These services include integrated behavioral health assessments with “same day” walk-in service; psychiatric evaluations, primary care services, individual and group therapy, case management, rehabilitation services, and medication management. JAMHI works closely with families, community partners, primary care providers, and others to provide integrated behavioral health and primary care services. Clinical, case-management, psychiatric, and primary care professionals work in partnership with persons served to develop individualized treatment plans aimed at recovery. State grant funding is expected to decline significantly in the next few years due to a serious state budget deficit. The full impact on JAMHI’s ability to maintain current levels of service delivery is dependent on funding cuts, changes to Medicaid regulations, and other environmental factors. It is critical that we leverage all resources possible, collaborate and perhaps integrate administrative functions with other organizations grappling with these same challenges, to maximize efficiency, reduce costs, and support continued viability. Reimbursement rates have remained flat since at least 2009 and are generally well below the actual cost of care. Telebehavioral Health Services expanded this year to include primary care in Tenakee Springs. Elfin Cove saw far less activity in 2015.

Case Management/Rehabilitation Services

A team of case managers and clinicians provide community supports for Seriously Mentally Ill adults through outreach services. Case management also provides training in life skills that encourage independent living. Coordination and integration of services throughout the community and among other agencies is a key element of service. Persons are assisted with finding and maintaining housing, and accessing resources to help them live as independently as possible in the community. JAMHI provides support to family members as well as clients. We currently provide case management services to 148 Seriously Mentally Ill persons. Forty-one of those reside in JAMHI housing. Another 107 reside in the community.

Psychiatric and Primary Care/Nursing Services

Psychiatric services provided at the JAMHI Clinic include psychiatric evaluation, medication management, and case consultation. JAMHI’s Psychiatric Advanced Nurse Practitioner is available on-call to JAMHI nurses and clinicians for support and consultation. Nursing staff oversees medications provided to those residing in JAMHI residential programs. Clients are provided education and assistance with accessing financial supports to help cover medication costs. JAMHI Psychiatric and Nursing staff are committed to the “whole person” approach to psychiatric and primary care with a focus on wellness. Active coordination between psychiatric and primary care staff within JAMHI, and with primary care providers in the community ensures that medical and psychiatric wellness is an integrated process for persons served.
Residential Services

Safe, affordable housing is essential to improved quality of life and recovery for persons with Serious Mental Illness and co-occurring disorders. In 2015, as in 2014, some JAMHI housing residents achieved greater autonomy and moved to more independent living. Some reached their goal of securing employment. JAMHI’s continuum of housing, from highly structured group homes to independent living, offers opportunities for persons who might otherwise be homeless due to the significant challenges they face in finding and maintaining a place to live. While some were challenged to maintain stability, they were fortunate to have the encouragement, structure and support available to keep them safe and assist them with working toward their personal goals and continue living in the community with opportunities for recreation, skills building, and camaraderie.

Group Homes

Salmonberry House

The Salmonberry House is a 6-bed group home facility on the ground floor of 1962 Lemon Creek Road. It serves seriously and chronically mentally ill persons, a number of whom were previously “permanent” residents of Alaska Psychiatric Institute. Salmonberry residents require 24/7 supports with “sight and sound” monitoring by staff. Residents may have co-occurring substance use disorders, Fetal Alcohol Spectrum Disorder (FASD), Traumatic Brain Injury (TBI), and/or Alzheimer’s Disease or Related Dementias (ADRD). Staff provides a treatment program for clients whose symptoms would otherwise make it virtually impossible for them to maintain themselves safely and appropriately in the local community. Salmonberry House is a home-like setting with five bedrooms, a living room, kitchen, and dining room. Residents have access to an open, landscaped courtyard. Rehabilitation services are provided daily by trained, compassionate staff.

Timberline

The top floor of the 1962 Lemon Creek Road property is occupied by the Timberline group home. Timberline is a separate 4-bed, long-term group home for persons experiencing serious and chronic mental illness, persons with co-occurring alcoholism or other substance use disorders, FASD, and/or TBI, but who do not suffer from age-related dementia or similar disorders. This setting offers residents the opportunity to expand their independent living skills and work toward living in a less restrictive environment. A fully equipped pottery art studio is on the same floor and is available for supervised use by all JAMHI residents.

Timberline is staffed 24/7 for clients whose symptoms would make it otherwise difficult for them to maintain themselves safely and appropriately in the local community. Rehabilitation services are provided daily. Timberline is a home-like setting with a living room, kitchen, dining room and 4 bedrooms. Residents have access to an open, landscaped courtyard.
Salmon Creek Group Home - “The Lodge”

The Lodge is located at 3406 Glacier Highway, Building D. This HUD 811 project is a two-story group home constructed in 2005. The Lodge is fully ADA accessible, and houses six seriously and chronically mentally ill adults with co-occurring disorders such as alcoholism and/or other substance use disorders, FASD, TBI, and/or age-related dementia or disorders. The services at the Lodge are identical to that of Salmonberry House, with the same admission criteria.

Supported Living

Summit K1 and Summit K2

These programs serve Seriously Mentally Ill adults with co-occurring disorders including alcoholism and/or other substance use disorders, FASD, TBI, and ADRD. Summit K1 and Summit K2 are intended to provide a safe, healthy, and supportive environment in which residents can live and develop the skills and supports necessary in order to possibly move toward greater independence in the community. Residents in Supported Living have an individual treatment plan designed to support their goals with the objective of gaining the skills and resources needed to move into the larger community. Tenants are expected to be actively engaged in their individual treatment plans by working toward established goals in order to remain appropriate for this placement.

In 2015, a variety of skills and activity groups provided residents options for participating in cooking classes, vegetable gardening, art therapy, photography, outdoor activities and more. This major project has provided many enjoyable hours for residents, taking photos, editing them, printing, framing and preparing for shows, with staff guidance and support.

Summit K1, located at 1968 Lemon Creek Road, has 4 two-bedroom apartments, for a total of eight beds. Each apartment has its own kitchen, bathroom, living room, and dining room. Residents have access to an open, landscaped courtyard and gazebo and an on-site pottery/art studio. One of the units is an ADA accessible apartment.

Summit K2, located at 3406 Glacier Highway in buildings B and C, consists of two identical 8-plex apartment buildings, constructed in 2001. Each building has eight single-bedroom apartments. One of these sixteen apartments is used as a group therapy/activity room and office for program staff, leaving fifteen beds for seriously and chronically mentally ill adults with co-occurring disorders including chronic alcoholism with and without psychosis/other substance use disorders, FASD, TBI, and ADRD.
**Independent Housing**

**Douglas Terrace**

Douglas Terrace is located at 2460 Douglas Highway on Douglas Island, across Gastineau Channel from Juneau. Douglas Terrace is a three-story, fifteen unit apartment building built in 1997. All apartments are single bedroom and house seriously and chronically mentally ill adults, some with co-occurring disorders such as alcoholism/other substance use disorders, FASD, TBI, and/or ADRD. Douglas Terrace houses clients who have demonstrated the ability to live independently, with or without case management services. Douglas Terrace has no on-site staff. Two of the units at Douglas Terrace are ADA accessible.

Douglas Terrace is a HUD 811 project, therefore, applicants do not need a voucher to obtain low income rental assistance. However, applicants must be able to provide verification of disability and pass a background screening for barrier crimes such as sex offenses, domestic violence, or serious drug charges. Applicants are generally referred by their clinician or case manager. Douglas Terrace is federally ally mandated to maintain a formal waiting list, and to give preference to applicants who are currently homeless or residing in sub-standard housing.

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**Outpatient Clinic/Administration**

The JAMHI Outpatient Clinic/Administrative Building is located at 3406A Glacier Highway. It is a 2-story building on the bus-line, with clinical, psychiatric, and nursing offices located on the first floor and administrative offices on the second floor. It is situated adjacent to Summit K2, the two Salmon Creek 8-Plex Supported Housing buildings, and shares the same driveway with those buildings and the Lodge. The Outpatient Clinic is the primary location where outpatient mental health assessments, primary care services, individual and group counseling, psychiatric and clinic nursing services are provided.
Community Partnerships

We are proud of our multiple community partnerships. By leveraging opportunities to work in collaboration with community partners, we are working toward the wellness and independence of JAMHI clients, other vulnerable populations, and the overall health of our Juneau community. Highlights of some of those partnerships include:

**Housing First– Juneau Homeless Coalition**

JAMHI has been an active partner in both coalitions since their inception. The Juneau Homeless Coalition advocates for increased local housing capacity and access to housing for persons experiencing homelessness. Juneau Housing First is part of a national effort to secure housing for highly vulnerable homeless persons with chronic, late-stage alcohol dependence who have been living on the street, are in poor health and unable to achieve or maintain sobriety. They may be veterans, persons with other types of PTSD, mental health or other disabilities. Often, they are the highest users of expensive emergency crisis and medical services, public safety, courts, jails, etc.

Housing First has secured a building site and a significant portion of building funds to begin construction of a 32-unit apartment building in 2016. The Housing First model is based on research that confirms the overwhelming reduction of problems and costs associated with homelessness and chronic alcohol dependence when this population is housed and receives coordinated, community based services.

**SAIL/ORCA**

Southeast Alaska Independent Living (SAIL) - provides a range of services in Juneau to support persons living with disabilities. In addition to partnering with SAIL for outdoor recreational activities for JAMHI Residential clients, through SAIL’s Outdoor Recreational Access (ORCA) program, JAMHI is a member of the Disability Abuse Response Team (DART), ASPEN, and other efforts to ensure safety of persons served.
The Juneau Coordinated Resource Project (CRP) is Juneau’s mental health court. It provides persons with mental illness an alternative to incarceration through participation in this court. Weekly attendance at the Court to report adherence to a mutually agreed upon recovery plan is integral to participation. JAMHI provides individualized services to support persons participating in the CRP. Staff also attend Court weekly to report on progress of participants receiving JAMHI services and support the continued recovery of participants. Twenty-four individuals “opted in” to the court in FY15. Three dropped out and six graduated the pro-

SEARHC

SEARHC Dental Services - SouthEast Alaska Regional Health Consortium dental staff now regularly provide on-site dental exams and teeth cleanings at JAMHI Residential facilities for SEARHC-eligible beneficiaries. This partnership supports JAMHI’s commitment to supporting overall health for our residents.

Mental Health First Aid

Mental Health First Aid – As Juneau’s Community Behavioral Health Center, JAMHI’s two qualified trainers provide Mental Health First Aid trainings to community groups and organizations, as requested. The trainings equip participants with knowledge and skills to identify and assist persons who may be in need of encouragement and support to seek help if they are experiencing emotional or psychiatric symptoms that place them at risk. In 2015 our trainers conducted 7 such trainings.
Demographics

The demographic information provided below is based on the 519 clients served by JAMHI in FY15.

519 active clients served during CY15 (excludes Emergency Services)

- Male: 47%
- Female: 53%

770 persons served during CY15 via Emergency Services

- Emergency face-to-face contacts: 370
- Emergency phone contacts: 400

Age breakdown of CY15 JAMHI clients

- 0-12: 0%
- 13-17: 0%
- 18-20: 2.3%
- 21-64: 94.8%
- 65-74: 2.7%
- 75 and over: 0.2%

CY15 Client Racial Composition

- Caucasian: 71%
- Black/African American: 9.70%
- AK Native: 2.30%
- Asian: 1.40%
- American Indian: 1.20%
- Pacific Islander: 4.50%
- Multiracial: 1.00%
- Unknown: 1.00%
Service Outcomes

The primary target population served by JAMHI is adults experiencing Serious Mental Illness (SMI). Here are some results of outcomes measured throughout the year.

Effectiveness

Key Results:

- **84%** of our total clients reported that their quality of life improved or remained the same.
- **65%** of our clients reported that their housing situation had improved; only 6% reported being homeless or in shelter.
- **29%** of our clients are employed Part-time or Full-time.
- **93%** of our outpatient case managed clients did not require mental health hospitalization.
- **99%** of outpatient case management clients reported that they did not have any new arrests.

Client Satisfaction

Key results:

- Overall, **84%** agree to strongly agree that their quality of life has improved.
- Overall, **65%** agree to strongly agree that they deal more effectively with daily problems.
- Overall, **65%** agree to strongly agree that their housing situation has improved.
- Overall, **92%** of outpatient clients reported that they felt satisfied to delighted that they were able to get all of the services they needed.

Stakeholder Satisfaction

Overall stakeholders completing the 2015 satisfaction survey were satisfied to very satisfied with the courtesy and helpfulness of JAMHI staff, evidenced by **94%** responding affirmatively to the question.
**Financials**

**FY15 Funding Sources**

- **State of Alaska Grants:**
  
  Division of Behavioral Health *Comprehensive Behavioral Health Treatment and Recovery*: 
  Division of Behavioral Health *Difficult to Place*: Partnership with Polaris House to assist adults with Serious Mental illness who have experienced exceptional difficulty finding and maintaining housing.
  
  Division of Behavioral Health and Division of Public Health *Telebehavioral Health Capacity*:
  Collaboratively funded Health Resources and Services Administration (HRSA) Rural Veterans Health Access Project; added primary care services in Tenakee Springs in 2015.

- **Medicaid, Medicare**, other third-party insurers or payors, and self-pay/sliding fee scale.

- **City and Borough of Juneau**: Grant for General Mental Health services and Drop-In Center

- **Department of Corrections Contract**: Assess, Plan, Identify, and Coordinate (APIC) Grant from pre/post release program to provide assessments and case management services for offenders released from incarceration.

- **Trust Training Cooperative**: Mental Health First Aid Training contract
“We help adults with mental illness live their own best lives.”

3406 Glacier Highway
Juneau, AK 99801

Phone: 907-463-3303
FAX: 904-463-6858
Toll Free: 1-855-463-3303
TTY: 907-463-6846

www.jamhi.org